## **PUMPKIN SEEDS**

### A NATURAL SOLUTION FOR WORMSI



Spring is arriving for another year and it's time once again for the bugs and nasties to start coming back out. Spring is a time when pet owners might start seeing the signs of worms in their dogs. These sigs can include squiggly worms or "rice bodies" in his stool, a thrifty looking appearance, scooting and licking his rear, vomiting and diarrhea.

If your dog shows any of these signs, you might want to take a look in your cupboards before reaching for the toxic dewormers. There might be something in there that could rid your dog of worms without the adverse effects on his health that veterinary dewormers deliver.

#### **PUMPKIN SEEDS FIGHT WORMS**

Raw, organic pumpkin seeds have been used to treat a variety of parasitic and other ailments since the colonists first came to the New World and discovered the benefits of this Native American crop. The flesh and seeds of the pumpkin were used by the Native American tribes to heal wounds, cure kidney ailments and urinary problems and were used as a parasitic treatment on humans. In recent times, herbalists have discovered that the seeds of the pumpkin also work as an effective deworming agent against tapeworms and other intestinal parasites in dogs and humans.

Pumpkin seeds contain the amino acid called cucurbitin, which paralyzes and eliminates the worms from the digestive tract. Pumpkin seeds have other health benefits too – they are loaded with protein, amino acids, fiber, iron, copper, phosphorus and magnesium, calcium, zinc, potassium, folic acid and niacin; all important nutrients to your pet's overall good health.



# Feeding Directions

Pumpkin seeds can be fed whole as a treat for your dog. Don't feed him the salted seeds from the grocery store; find some raw, organic seeds instead.

If your dog doesn't enjoy them as a treat, you can grind them in a coffee grinder or Magic Bullet and add them to his meals.

Give him a teaspoon per ten pounds of body weight once or twice a day until he's rid of the parasites.

#### \*NOTE FROM EDITOR

We grind the seeds and feed as a powder for easier digestion